



## YMCA OF GREATER SEATTLE

# 2019 ANNUAL REPORT ON COMMUNITY IMPACT

In gratitude to our members, volunteers, contributors, community partners, and employees: together, we created new opportunities, expanded our reach and addressed social inequities to help strengthen communities and all people in our region.

## THE Y IS WHERE OUR COMMUNITY GETS HEALTHY

### Healthy Living



**12,686**

12,686 individuals accomplished personal goals in swimming lessons, gaining confidence and learning water safety skills.



**1,062**

1,062 people took steps to prevent and manage chronic disease through Y programs like Lose to Win, LiveStrong Cancer Survivorship and Diabetes Prevention, resulting in improved health outcomes and reduced need for medical intervention.



**232,640**

232,640 people across King and south Snohomish County improved their health through Y programs, services and activities.



**17,000**

17,000 elementary students learned healthy practices and how to be inclusive of others at recess through our Play Everyday! program serving 33 schools across the region.

## THE Y IS WHERE CRITICAL NEEDS ARE MET

### Social Services



**4,514**

4,514 children, youth, and young adults received trauma-informed holistic care that supported them to become safe and stable, and develop lifelong resiliency skills.



**330**

On any given night, 330 young people received safe and clean housing and behavioral health resources at the Y.



**83%**

83 percent of teens and young adults who experienced homelessness or aged out of foster care transitioned into permanent housing after being engaged in Y programs.



**90%**

90 percent of children and youth who required behavioral health crisis intervention were stabilized and able to remain safely at home.

### Hunger Programs



**215,485**

215,485 meals were served to vulnerable kids and families in partnership with 27 community organizations, schools and local and county government agencies.



**14.5% ↑**

Increased access to summer meals by 14.5 percent over 2018 through five new partnerships in South King County.

## THE Y IS WHERE KIDS FIND THEIR WAY

### Camp & Outdoor Leadership



**28,000**

Over 28,000 kids strengthened relationships, built confidence, developed life skills, practiced teamwork, and tried new activities in Camping & Outdoor Leadership programs.



**1 in 5**

One in five families received financial aid for summer camp to access transformational adventures.



**12,000**

Over 130 school groups, 12,000 youth, and their chaperones strengthened their knowledge of science and teamwork skills through hands-on environmental learning.



**889**

Earth Service Corps engaged 889 youth at 56 middle and high schools. Participants performed over 8,000 hours of environmental service in their communities.

### Youth & Government



**1,265**

1,265 middle and high school age youth participated in Youth & Government state-wide, (450 from King County), fostering a sense of civic responsibility and leadership skills.



**787**

787 youth participated in Mock Trial, and 478 participated in Youth Legislature state-wide gaining knowledge of our legal systems through direct experience.

### Child Care & Early Education



**3,359**

3,359 kids developed skills and confidence through Child Care and Early Education programs increasing enrichment and social emotional learning.



**1 in 3**

One in three elementary schools in King County partnered with the Y for before and after school programs, reaching 11 school districts: Auburn, Bellevue, Highline, Issaquah, Kent, Lake Washington, Northshore, Riverview, Seattle, Shoreline, and Snoqualmie.



**26,550**

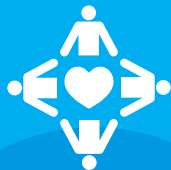
Day Camp delivered 26,550 sessions, inviting almost 8,000 kids to discover and develop their interests outside the classroom.

## THE Y IS WHERE EQUITY IS IN ACTION



**\$12.2M**

As part of our commitment to health equity, \$12.2 million was awarded in scholarships to members and program participants, ensuring the Y is accessible to all economic levels.



**1,000+**

Over 1,000 participants, 500 volunteers, and 65 community groups participated in Welcoming Week, a celebration of new immigrants to the United States and longtime neighbors.



**500**

500 YGS staff participated in the launch of a new Cultural Competency Training designed to deepen awareness and understanding of how the Y's equity statement shows up in our work everyday.



**120**

Two Birthday Bashes welcomed 120 immigrant and refugees on January 1, the date that those without birth certificates are given as their official birth date.

## THE Y IS WHERE COMMUNITIES THRIVE



**\$9.2 million**

14,119 donations were made by individuals and organizations totaling \$9.2 million invested back into local communities.



**140,710**

Volunteers invested 140,710 hours of time serving their communities through the Y, valued at \$3.57 million.



**100+**

Hundreds of partnerships were nurtured and developed with businesses, foundations, nonprofits, tribal councils, local, county, and state agencies, and community members to develop community-based solutions.

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CHÀO!**



**560**

560 Y staff speak a second language; including Spanish, Somali, American Sign Language, Vietnamese and Tagalog. By reflecting the communities we serve, the Y designs and delivers culturally relevant programs and breaks down health inequities due to lack of access.

## THE Y IS WHERE WE MEET NEW NEIGHBORS

**Kent YMCA opened to the community Sept. 14th**



**131,730**

Kent YMCA opened, providing the city's 131,730 residents a place where people of all ages, cultures, and backgrounds can come together to be active and healthy.



**7,248**

7,248 Kent members received financial assistance, (43% of members) ensuring the Y is accessible to all economic levels.



**1,040**

1,040 people participated in Women's Only Swim, a program that welcomes women who practice religious modesty to swim comfortably.



**\$25.6M**

\$25.6 million was contributed by individuals, businesses, foundations, and public agencies to ensure this new community resource will be available for generations to come.

**MISSION STATEMENT:** Building a community where all people, especially the young, are encouraged to develop their fullest potential in spirit, mind, and body.

The YMCA is a 501(c)(3) non-profit social services organization dedicated to Youth Development, Healthy Living, and Social Responsibility. Our tax identification number is 91-0482710.