

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

I M P A C T

For a better us.

IMPACT NEWSLETTER



Loria Yeadon President and CEO of the YMCA of Greater Seattle

Since joining the Y in March, I've enjoyed engaging with staff, volunteers, and the community. I have held listening sessions with staff, met with board members, and interacted with community supporters. I also met with Y of the USA leaders and Y CEOs locally, nationally, and globally. What a Y immersion.

What did I learn? The landscape of our region is ever changing: pervasive suffering from preventable chronic diseases, increasing teen suicide and opioid addiction, growing demand for child care, and expanding health disparities. Our community needs us even more. We must be more agile and nimble to move at the speed of need. I've worked with our leadership team and board of directors to realign our organization as One Y, One Mission, and One Team. Our realignment is positioning us to fully execute on our mission of helping all people, especially the young, realize their full potential in mind, body, and spirit.

Your support and engagement are critical. We couldn't maximize our impact and stand for all without the commitment and support of people like you. Together, we will stand as one Y and one community to change lives, unleash potential, build stronger communities, and be the place where everyone is welcomed and belongs. I hope you enjoy this edition of our Impact Newsletter. Thank you for your continued support of our work, our mission, and our community.

In community and gratitude,

OPENING DOORS IN KENT



An eruption of applause and cheering, marked the official opening of our new Kent YMCA. After more than 10 years of planning, community rallying, fundraising, and construction, we proudly opened our doors to the Kent community.

Wherever you live, this is big news. As our 14th branch in the YMCA of Greater Seattle, the Kent Y offers so much more than a gym and three group fitness rooms. We partnered with the City to offer an aquatic center, hot tub, and swimming lessons when the local Kent-Meridian High School pool closed. As rates of diabetes increase, we added healthy cooking classes. We also created a community center and invited people of all backgrounds and cultures to join. All of this while doubling-down on offering services to everyone, regardless of their socioeconomic status. The Kent Y is so much bigger than a 50,000 square foot building. It's a community hub and gathering place where everyone belongs.

We want to especially thank our partners at the City of Kent, and King County for joining forces with us to best meet the needs of the community. We also want to thank Ballmer Group, M.J. Murdock Charitable Trust, Delta Air Lines, Employees Community Fund of Boeing, and Microsoft for their major gifts. A special thanks goes the Paul and Carol Morford Family for their vision of a new aquatic center and leadership gift to the Y.

Finally, thank you to all of donors and supporters. Your gifts of time and treasure made this possible. We invite you to visit and enjoy the new Kent Y. Please join us!

"GET ENGAGED" LAUNCHED KRYSTAL'S FUTURE



Krystal Brun is a self-starter. She graduated with a civil engineering degree, found a job in the city of her dreams (Seattle), served on a City board of directors, and now serves as Board Chair for the Accelerator YMCA—all before she turned 30.

A civil engineering degree was a natural fit for Krystal. She had a fascination with how people interact with spaces like plazas, parks, and alleys. She took that passion and her new degree to Seattle where she could be on the forefront of sustainable building practices. But she wanted more than a civil engineering job. Krystal discovered Get Engaged, a program that places 18 to 29 year olds on the City of Seattle's public boards and commissions. The program helps young people get involved in meaningful City work and decision making.

Krystal joined the City's Design Review Board. She had a major voice in the design and building guidelines for the City's multifamily and commercial buildings.

"I was the youngest person on the board," recalls Krystal. "The other people always respected me and treated me as an equal. It was a great opportunity to make change and learn more about the people and spaces of Seattle."

Krystal found the level of engagement she had with City leadership to be extremely valuable. She built relationships and learned how to become involved in making change. By the time Krystal's one-year term on the City's Design Review Board came to an end, she had gained the confidence and skills to feel comfortable applying for another board appointment this time for the Accelerator Y. Accelerator actively recruited Krystal to join the board. After three years serving as the chair to board development, she became the Board Chair. Krystal loves helping her community and young people through the Y. She has now been on Accelerator's board for five years. Ultimately, Krystal made the leap from building physical community spaces to building the networks and relationships that can help all people reach their fullest potential in mind, body, and spirit.

"Before Get Engaged, when I thought of the Y, I thought of pools and fitness equipment," Krystal said. "I discovered that the Y does so much more. The Y truly serves people in all aspects of their lives from meeting basic needs to leadership development. Overcoming the fear of putting myself out there all started with the Get Engaged program. It was a launching point for me and so many others to grow personally and professionally."

Learn more about Get Engaged

www.seattleymca.org/accelerator/ leadershipdevelopment/getengaged

ABOUT ACCELERATOR YMCA

Accelerator Y, the social services branch of the YMCA of Greater Seattle, is the largest provider of housing for young adults experiencing homelessness in King County. We provide services at every stage of life for those who need the basics to those wanting the push to leap further.







Behavioral Health Services



A SUMMER OF FUN OUTSIDE



I feel a lot more comfortable being myself. I even danced at the Goof Ball! **99**

This summer, over 6,200 kids and teens met friends, learned new skills, and became leaders at our camp and outdoor programs, including Camp Orkila, Camp Colman, and BOLD & GOLD expeditions. Gifts from readers like you made it possible for hundreds of kids to learn and grow outside.



1 in 5 Camp Colman campers received financial assistance, totaling nearly \$1 million



300 additional campers attended through one of our community partnerships



500 teens strengthened their teamwork, communication, and service learning skills

DONOR RECOGNITION



Only through gifts from individuals, corporations, and foundations can we help so many. We send our heartfelt thanks to those who make so much possible. We could not do it without you.

\$25,000-\$40,000

Elise Holschuh and Brian McAndrews Champion & Associates The Russell Family Foundation

\$50,000-\$90,000

MultiCare Health System Thunderbird Sports Community Foundation Cam and Tori Ragen Biella Foundation

\$100,000-\$500,000

Brettler Family Foundation Cloud 9—Churchwomen of St. Stephens Ballmer Group

A very generous in-kind donation of a home in the University District

University Congregational Housing Association