

## The Y in 2017...



34% of Seattle Y members received financial assistance – more than twice the YMCA’s national average.



18,200 volunteers contributed 310,000 hours of service, contributing a total of \$9.3 million worth of in-kind support to the Y.

## CHAMPIONING HEALTH & WELLNESS



1,100 people participated in chronic disease prevention programs, helping them lead healthier, happier lives.



13,000 people participated in swimming lessons, gaining confidence and learning water safety skills.

## SUPPORTING BRIGHTER FUTURES



354 young people obtained safe and stable housing, including 126 young adults aging out of foster care.



439 youth and young adults engaged in school, graduated and found employment.



94% of YVLifeset program participants had stable housing prior to exiting the program.



3,703 youth, young adults, and their families throughout the community stayed safe and connected through counseling and mental health services.

## REDUCING HUNGER



227,697 healthy meals and snacks were provided to low-income children, youth, adults, and families – a nearly 19% increase from 2016.



8,000 Totes-to-Go food packs were provided to families for weekend meals, bridging the gap between meals provided during the school day.

Continued on reverse side.



## 2017 IMPACT (CONTINUED)

### NURTURING LEADERS THROUGH OUTDOOR EXPERIENCES



28,700 children, teens, and families participated in camp and outdoor leadership programs – the most in the Y's history.



1 in 6 kids who attended a camp or summer program received financial aid from the Y.



12,431 youth received outdoor environmental education.



Campers spent 168 hours unplugged from technology each week of camp.



Participants in Boys and Girls Outdoor Leadership Development (BOLD & GOLD) expeditions hiked a total of 19,782 miles.

### CREATING EQUITABLE COMMUNITIES



Over 1,000 participants, 500 volunteers, and 65 community groups participated in Welcoming Week across the Y's branches to celebrate new Americans.



New immigrants/refugees without birth certificates are given January 1st as their official birth dates, so 60 volunteers and 120 attendees celebrated two January 1 Birthday Bashes welcoming immigrant and refugee neighbors.

The Y's work to help people in our community reach their fullest potential would not be possible without the generosity of our donors.

**THANK YOU FOR YOUR SUPPORT.**